

2018 Year in Review

PGSPN had a very productive year due to the dedicated members who have volunteered and served in a variety of ways. This annual report highlights 2018 PGSPN activities.

2018 PGSPN Officers and Board Members

Vikki Kalitsi, Past President
Darilyn Marinelli, President
Jennifer Tilghman, Vice President
Shaunda Bellamy, Treasurer
Karen Sylvester, Secretary
Freddie Maguire, Member at Large
Karen Bryant, Member at Large
Rosemary Allender, Education Chair
Cary Hithon, Public Affairs Chair
Tracey Nalesnik, Membership Chair
Jackie Byrd, By-Laws Chair
Susan Walker, Senior Resource Directory Chair

2018 Membership Summary

- 98 Members
 - 11 Gold Memberships
 - 20 Silver Memberships
 - 67 Basic Memberships

- Partnerships
 - M-NCPPC, Dept. of Parks and Recreation, Senior Services Unit
 - Prince George's County, Dept. of Family Services, Aging and Disabilities Service Division
 - The Training Source

In March 2018, membership fee structure was updated to the following:

- * \$200 Basic Membership
- * \$300 Silver Membership
- * \$600 Gold Membership

Service to Members

1. Education at Monthly Membership Meetings

The following is a summary of the 2018 educational sessions:

January: Weatherization for Seniors and Financial Constraints
Presenter: Maryland Dept. of Housing and Community Development
Sponsor: Kaiser Permanente

February: Foreclosure Rates Surging for Older Americans
Presenter: Senator C. Anthony Muse
Sponsor: FutureCare

April: New Tax Law and Implications for Businesses
Presenter: Jim Henderson
Sponsor: Byrd & Byrd, LLC

May: Legislative Summary and Legislative Update
Presenter: Senator Doug J.J. Peters, Maryland 23rd District
Sponsor: Hospice of the Chesapeake

June: Value Proposition for Doing Business in Prince George's County
Presenter: Jim Coleman, President/CEO of Prince George's County Economic Development
Sponsor: Dept. of Social Services, Prince George's County

July: Fraud and Scams on the Senior Community
Presenter: Special Agent Kylan Dunn, Office of the Inspector General,
U.S. Dept. of Housing and Urban Development
Sponsor: Arthritis and Pain Associates of Prince George's County

August: Mobile and Community Resources
Presenters: Doctors Hospital Wellness on Wheels and Hope Connections
Sponsor: Cheryl Chapman Henderson, LLC

October: Medicare- What You Need to Know
Presenter: James Henderson
Sponsor: Prestige Healthcare Resources, Inc.

November: Update on Veterans Resources and Benefits - cancelled due to weather
Presenter: Cheryl Chapman Henderson, Certified VA Benefits Specialist
Sponsor: Visiting Angels Home Care Agency

2. Networking Socials and Membership Drives

March: March Madness
Sponsor: Collington Continuing Care Community
Attendance: 47

September: Tailgating Party
Sponsor: FutureCare Capital Region
Attendance: 43

December: Holiday Jingle Mix and Mingle
Sponsor: M-NCPPC, Dept. of Parks and Recreation, Senior Services Unit
Attendance: 80

3. **Senior Resource Directory and Online Directory**

Members were listed in the online PGSPN Senior Resource Directory and included in 15,000 copies of the Senior Resource Directory, which was distributed to seniors throughout the county. Additionally, PGSPN provided a resource table at many senior events throughout the year promoting the Directory, the Speakers Bureau, and *The Transportation Guide*. Half page ads promoting PGSPN as a senior resource were included in the Prince George's Community College SAGE catalogs (twice this year).

4. **Social Media Outreach**

Members submitted items to be posted on the PGSPN web calendar. PGSPN maintained a Facebook page to reach out to the community through social media. Members were able to submit community events to our web calendar.

5. **Speakers Bureau**

The PGSPN Speakers Bureau thrived and successfully connected to the senior community. Twenty-five members took advantage of this opportunity and the Speakers Bureau offered 52 different topics. Thirty-three presentations were given to a variety of seniors' groups at churches, senior centers, and community centers. In 2018, approximately 1077 seniors attended educational sessions presented by PGSPN speakers.

6. **Public Affairs**

PGSPN provided an exhibit table at the following events and distributed the 2018 Senior Resource Directory and Speakers Bureau brochure.

- Senior Health and Fitness Day- May 23
- Arthritis and Pain Associates Ice Cream Social- Laurel Complex- Sept. 13
- Doctors Community Hospital Resource Fair- Sept. 19
- Juanita C. Grant Foundation 2nd Annual 50+ Workforce – Sept. 26
- PG County Caregivers Conference- Sept. 27
- Active Aging Week Senior Party- Sept. 28
- Arthritis and Pain Associates of PG County Patient Appreciation Day- Dec. 7

Service to the Senior Community

1. Support to senior community events

A. Sponsorship fees were paid to support the following community senior special events:

- Centenarian Celebration held on May 4.
- Senior Health and Fitness Day on May 23.
- Caregivers Conference held on September 27.
- Active Aging Week held the week of Sept. 25-29.
- Red & Gold Gala on Dec. 12.

B. Support to the Dementia Friendly Community Initiative

- a. PGSPN members (Susan Walker, Rosemary Allender, Vikki Kalitsi, Donna Mason, Cary Hithon, Tracey Nalesnik, Shaunda Bellamy) served on the Dementia Friendly Task Forces. Shaunda Bellamy took a lead position as DFA Community Liaison to the Task Forces (north, central, and south). Additionally, PGSPN Board member, Karen Sylvester was the designated Dept. of Family Services DFA liaison.
- b. Members also assisted with memory screenings held at senior centers throughout the county in support of the Dementia-Friendly Community Initiative the week of November 5.

2. Senior Resource Directory

- 15,000 copies of the 2018 *Senior Resource Directory* were distributed to seniors throughout the county, which serves as a valuable resource to seniors and their caregivers.
- The Transportation Guide was included as a part of the Senior Resource Directory.
- The Directory was posted on the webpage under Resources.

3. Speakers Bureau

- The Speakers Bureau provided seniors access to information and education on a variety of senior relevant topics. The Speakers Bureau brochure (featuring 52 different topics) was disseminated to senior groups throughout the county. Thirty-two presentations were given and 1045 seniors attended these workshops/seminars.

4. Family Caregivers Retreat

- A Family Caregivers Retreat was held on November 1 at the Newton White Mansion with 125 family caregivers attending (160 registered to attend). The retreat theme, *Relax, Renew, Rejuvenate* included the following: morning presentations by Pamela Shields, hand massages, photo booths, stamp card art, and music by the *Tooo Smooth Dudes* and the *Senior Singing Sensations*. Attendees received a delicious box lunch, a delegate bag filled with sponsors' brochures, a notepad, and door prizes.

- PGSPN membership supported the Caregivers Retreat through sponsorships: 7 Gold Sponsors, 7 Silver Sponsors, and 10 Bronze Sponsors.

5. Supporting seniors in need

- **Donation of Incontinence Supplies**

Several times throughout the year, members donated incontinence supplies to the Prince George's County, Dept. of Family Services, Aging and Disabilities Division for distribution to seniors in need. These donations provide support to those who are in need who do not qualify for other assistance. 34 families received incontinence supplies in 2018.

- **Holiday Giving Project**

Initiated for the first time, PGSPN created a Holiday Giving Project to support seniors in need. PGSPN contributed \$1000 and a raffle was held at the Holiday Jingle Mix and Mingle event in Dec. with funds raising supporting this project. Seniors in need were identified by the Dept. of Social Services, Dept. of Family Services, and Pickett Fences. The PGSPN Holiday Giving Project funded the following:

- A refrigerator for a senior in District Heights
- Monthly Share Packages (food) for one year – 2 seniors in Bladensburg
- A Christmas Share package (food) – a senior in Hyattsville
- Eyeglasses for a senior in need

Other 2018 Highlights:

- A monthly newsletter, *The Network News* was emailed to members and featured information on upcoming meetings, a member highlight, recognition of new members, and more.
- PGSPN entered into a partnership agreement with Prince George's County, Dept. of Family Services, Aging Services Division to produce an expanded 2019 Senior Resource Directory.
- Shaunda Bellamy replaced Edward Jackson as Treasurer on the Board of Directors in May 2018.
- PGSPN maintained non-profit 501 (C) (3) status.
- A formal partnership agreement continued with the Maryland-National Capital Park and Planning Commission, Department of Parks and Recreation, Senior Services Unit.
- A new partnership with The Training Source was created. The partnership expands our educational opportunities for our membership.
- Rosemary Allender represented PGSPN on the 50+ Workforce Forum committee. The event was held in Sept. and 400 + seniors attended.
- Rosemary Allender, one of the founding members resigned from the Board of Directors and as Education Chair effective December 2018 due to retiring and moving out of the area. Her service through the years to serve seniors and to PGSPN has been exemplary.